

Clinical Case Discussion Training Syllabus PART TWO

Hour 11: Integrating Evidence-Based Practice in Case Discussions

- **Objective:** Understand the role of evidence-based practice (EBP) in case discussions.
- **Content:**
 - Definition and Importance of EBP in Clinical Practice.
 - Identifying and Applying Research Evidence to Support Clinical Decisions.
 - Balancing EBP with Clinical Judgment and Client Preferences.
- **Activity:** Discuss a case where evidence-based interventions were applied, exploring alternatives.
- **Case Study:** Review a case that demonstrates the integration of EBP in treatment.
- **Chart:** Steps for Integrating Evidence-Based Practice in Case Discussions.
- **Materials:** EBP case study templates.

Hour 12: Case Discussions on Trauma-Informed Care

- **Objective:** Explore the principles of trauma-informed care in case discussions.
- **Content:**
 - Understanding Trauma and its Impact on Clients.
 - Incorporating Trauma-Informed Principles into Clinical Case Discussions.
 - Strategies for Discussing Cases Involving Trauma.
- **Activity:** Role-play discussing a case where trauma-informed care is essential.
- **Case Study:** Analyze a case involving trauma and its influence on treatment planning.
- **Chart:** Trauma-Informed Care in Case Discussions.
- **Materials:** Trauma-informed care case study handouts.

Hour 13: Addressing Substance Use in Case Discussions

- **Objective:** Learn to discuss cases involving substance use disorders.
- **Content:**
 - Identifying Substance Use Issues in Clinical Case Discussions.
 - Approaches to Treating Co-Occurring Substance Use and Mental Health Disorders.
 - Harm Reduction and Abstinence-Based Models in Case Discussions.
- **Activity:** Case discussion role-play involving a client with co-occurring disorders.
- **Case Study:** Analyze a case involving substance use and discuss treatment strategies.
- **Chart:** Framework for Substance Use in Case Discussions.
- **Materials:** Case study on substance use and co-occurring disorders.

Hour 14: Family Dynamics in Clinical Case Discussions

- **Objective:** Explore how family dynamics impact clinical case discussions.
- **Content:**
 - The Role of Family Systems in Clinical Case Formulation.
 - Identifying and Addressing Family Influences on Client Behavior.
 - Techniques for Discussing Family Dynamics in Case Discussions.

- **Activity:** Group discussion on a case where family involvement is critical to the outcome.
- **Case Study:** Review a case where family dynamics played a significant role in treatment.
- **Chart:** Family Dynamics in Clinical Case Discussions.
- **Materials:** Family systems worksheets.

Hour 15: Assessing Risk in Clinical Case Discussions

- **Objective:** Develop skills in assessing and managing risk in case discussions.
- **Content:**
 - Identifying and Addressing Risk Factors in Clients.
 - Techniques for Discussing Suicide Risk, Self-Harm, and Violence in Case Discussions.
 - Crisis Intervention and Risk Management Strategies.
- **Activity:** Role-play risk assessment in a case involving potential harm.
- **Case Study:** Discuss a case where risk management was crucial to the outcome.
- **Chart:** Risk Assessment and Management in Clinical Case Discussions.
- **Materials:** Risk assessment forms.

Hour 16: Case Discussions on Chronic Mental Health Conditions

- **Objective:** Discuss cases involving chronic and long-term mental health conditions.
- **Content:**
 - Approaches to Managing Chronic Mental Health Conditions in Case Discussions.
 - Adjusting Treatment Plans for Long-Term Management.
 - Techniques for Engaging Clients in Ongoing Care.
- **Activity:** Discuss a case involving a client with chronic mental illness and long-term treatment planning.
- **Case Study:** Review a case with a focus on managing chronic mental health conditions.
- **Chart:** Chronic Mental Health Management Framework.
- **Materials:** Long-term treatment planning worksheets.

Hour 17: Case Discussions on Personality Disorders

- **Objective:** Learn how to discuss and manage cases involving personality disorders.
- **Content:**
 - Understanding the Diagnostic Criteria for Personality Disorders.
 - Challenges in Treating Clients with Personality Disorders.
 - Strategies for Discussing and Managing Personality Disorders in Case Discussions.
- **Activity:** Role-play case discussion with a client diagnosed with a personality disorder.
- **Case Study:** Analyze a case involving Borderline Personality Disorder, focusing on therapeutic strategies.
- **Chart:** Managing Personality Disorders in Clinical Case Discussions.
- **Materials:** Personality disorder diagnostic criteria handouts.

Hour 18: Supervision in Clinical Case Discussions

- **Objective:** Understand the role of supervision in clinical case discussions.
- **Content:**
 - The Importance of Supervision in Clinical Training.
 - How to Effectively Participate in Supervision-Based Case Discussions.
 - The Role of Feedback and Reflection in Supervision.
- **Activity:** Practice case discussions with feedback from a supervisor or peer.
- **Case Study:** Review a case with supervisory input, focusing on lessons learned from feedback.
- **Chart:** Supervision and Reflection in Clinical Case Discussions.
- **Materials:** Supervision guidelines and feedback forms.

Hour 19: Case Discussions on Child and Adolescent Mental Health

- **Objective:** Learn to discuss cases involving children and adolescents.
- **Content:**
 - Special Considerations for Discussing Cases with Child and Adolescent Clients.
 - Developmental Factors Influencing Case Formulation and Treatment.
 - Approaches to Engaging Families in Child and Adolescent Case Discussions.
- **Activity:** Discuss a case involving an adolescent with significant behavioral issues.
- **Case Study:** Analyze a case focusing on developmental and family factors in treatment.
- **Chart:** Child and Adolescent Case Discussions Framework.
- **Materials:** Child and adolescent development case discussion templates.

Hour 20: Reviewing Progress and Adjusting Treatment in Case Discussions

- **Objective:** Learn how to review client progress and make necessary treatment adjustments.
- **Content:**
 - The Importance of Regular Progress Reviews in Case Discussions.
 - Techniques for Adjusting Treatment Plans Based on Client Progress.
 - Managing Setbacks and Challenges in Treatment.
- **Activity:** Review progress in a series of cases, discussing necessary treatment adjustments.
- **Case Study:** Analyze a case where treatment adjustments were essential for client improvement.
- **Chart:** Progress Review and Treatment Adjustment Framework.
- **Materials:** Progress review templates and adjustment planning sheets.